



# Presents / présente o'donnell winter feis

Saturday Mar 05 2022

Online Feis hosted by

**VideoFeis**



[www.videofeis.com](http://www.videofeis.com)

Online registration and tabulation with



[www.QUICKFEIS.com](http://www.QUICKFEIS.com)

Online registration ends on **Mar 04**

**THIS IS A REGIONAL FEIS OPEN ONLY TO  
DANCERS FROM THE  
EASTERN CANADIAN DANCE REGION**

**CETTE COMPÉTITION N'EST OUVERT QU'AUX  
DANSEURS DE L'EST DU CANADA**

## timelIne

- Feb 15 ..... Online registration OPEN
- Mar 04 ..... Online registration CLOSED
- Mar 05 ..... Video upload BEGINS**
- Mar 09 ..... Video upload ENDS**
- Mar 11 ..... Adjudication begins
- Mar 13 ..... Adjudication ends
- Mar 15 ..... Results posted (or earlier)

*All results will be posted on the QuickFeis website*

**ALL RESULTS COUNT TOWARDS  
LEVEL ADVANCEMENT!!**

## how this works

- Register and pay online at [www.quickFeis.com](http://www.quickFeis.com) for the feis up to end of day MAR 04
- As soon as you pay for your registration you will be given your dancer number on your QuickFeis account – PRINT IT!
- Practice and film your video
  - Use your **smartphone** for the video
  - You must wear your **dancer number**
  - Must be in **landscape** mode
  - Dancer must be **alone** in video
  - **Music** must be clear
  - Dance area should be at least 8ft x 8ft. Greater dance space is allowed. Competitions will not be divided by stages.
  - Create a separate video for each dance
  - No editing allowed
  - See additional guidelines below
- Starting MAR 05 go to VIDEOFEIS, log in with your QuickFeis account - and upload all your videos
  - You may begin to upload your video **no sooner** than MAR 05
  - **ALL videos must be uploaded by 8:00 pm (ETZ) MAR 09**
- All videos will be securely viewed by adjudicator(s) who will score and give comments.
- QuickFeis will tabulate all scores
- All competitors will receive specific comments and critique from adjudicators in every dance as well as their full results!
- All results will be tabulated and posted on QuickFeis website.

## entry fees:

- Full payment is due at time of registration.  
*Your registration is not complete until your payment is received.*
- All unpaid registrations will be dropped at the end of online registration period.
- **CANADIAN FUNDS ONLY** will be accepted
  - Online registration will accept credit card payment only.
  - Sorry - no checks, cash, or any other forms of payment will be accepted
- Fees for non-champ are  
PER dancer PER dance
- Champ fees are PER dancer only
- Online registration will close on MAR 04  
Afterwards no additional registrations or changes will be accepted.
- **ABSOLUTELY NO REFUNDS!**

## FEIS FEES:

<b>Grades</b> (Beginner to Prizewinner)	<b>\$ 10</b> <i>per competition &amp; per competitor</i>
<b>Preliminary Championship</b> (2 rounds)	<b>\$ 40</b> <i>per dancer</i>
<b>PC Set Dance</b>	<b>\$ 10</b> <i>per competition &amp; per competitor</i>
<b>Open Championship</b> (3 rounds)	<b>\$ 50</b> <i>per dancer</i>
<b>Administration Fee</b>	<b>\$ 15</b> <i>per family</i>

## feis rules:

- A PARENT/GUARDIAN or teacher must be present during filming of the submitted video(s) if the dancer is under 18, and safety must be a priority.
- Ensure the dance space is safe, uncluttered, and not slippery
- Dancers **MUST** have permission from their teachers to compete in the Online Feis
- This Online Feis reserves the right to refuse any video for any technical reason or rules violations
- All videos to be downloaded, stored, and securely shown to the adjudicators via VIDEOFEIS
- It is the dancers' responsibility to ensure that the correct videos are uploaded for each competition. Incorrect videos (i.e. a reel video instead of a hornpipe, or a soft shoe round video instead of the hard shoe round, ...) will be disqualified. Judges will be instructed to mark those videos with a score of ZERO.
- Permission to use uploaded videos for the purposes of this feis will be asked upon uploading and must be granted in order for any video to be admitted to the feis. This basic permission allows the judges, VideoFeis staff, and the organizers to watch the videos. All videos with only basic permissions will be deleted 7 days after the completion of the feis.

## music

- Free music provided by Pat King
- A link to all the music tracks will be available after your payment is completed.
- Password to the music link will be printed on your dancer card

## feis contact

Any questions – please contact us at:  
[mark.j.lyne@gmail.com](mailto:mark.j.lyne@gmail.com)



## numbering system

1<sup>st</sup> Digit Level Category: BEGINNER with "2", ADVANCED BEGINNER with "3" and so forth

2<sup>nd</sup> and 3<sup>rd</sup> Digits Age Group, So "05" means under 5, "09" means "under 9", ...

4<sup>th</sup> and 5<sup>th</sup> Digits (Letters) Competition Type: **RL** = REEL **LJ** = LIGHT JIG **SJ** = SLIP JIG **SN** = SINGLE JIG  
**TJ** = TREBLE JIG **HP** = HORNPIPE **PD** = ST PATRICK DAY **TS** = TRADITIONAL SET ...

**AGE GROUP:** your age group is determined by the YEAR the competitor was born.

This changes from year to year!

For 2022	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>U14</u>	<u>U15</u>	<u>U16</u>	<u>U17</u>	<u>U18</u>
Born in:	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004

PLEASE NOTE: Age groupings beginning with "O" mean THAT age AND over (example O11 means 11 and older)

## Beginner

No solo costumes permitted. Only school costumes, skirt and blouse/leotard, plain dress above the knee, or pants and shirt. Dance two steps

	<i>SPEED</i>	<u>U5</u>	<u>U6</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>O12</u>
<b>REEL</b>	122	205RL	206RL	207RL	208RL	209RL	210RL	211RL	212RL	213RL
<b>LIGHT JIG</b>	115	205LJ	206LJ	207LJ	208LJ	209LJ	210LJ	211LJ	212LJ	213LJ
<b>SLIP JIG</b>	122	205SJ	206SJ	207SJ	208SJ	209SJ	210SJ	211SJ	212SJ	213SJ
<b>SINGLE JIG</b>	124	205SN	206SN	207SN	208SN	209SN	210SN	211SN	212SN	213SN

## advanced Beginner

No solo costumes permitted. Only school costumes, skirt and blouse/leotard, plain dress above the knee, or pants and shirt. Dance two steps

	<i>SPEED</i>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>
<b>REEL</b>	122	307RL	308RL	309RL	310RL	311RL	312RL	313RL	314RL
<b>LIGHT JIG</b>	115	307LJ	308LJ	309LJ	310LJ	311LJ	312LJ	313LJ	314LJ
<b>SLIP JIG</b>	122	307SJ	308SJ	309SJ	310SJ	311SJ	312SJ	313SJ	314SJ
<b>SINGLE JIG</b>	124	307SN	308SN	309SN	310SN	311SN	312SN	313SN	314SN
<b>TREBLE JIG</b>	92	307TJ	308TJ	309TJ	310TJ	311TJ	312TJ	313TJ	314TJ
<b>HORNPIPE</b>	138	307HP	308HP	309HP	310HP	311HP	312HP	313HP	314HP
<b>St. PATRICK'S DAY</b>	94	307PD	308PD	309PD	310PD	311PD	312PD	313PD	314PD



## Second Chance competitions give you a second opportunity to compete in this dance at this level!

- Second Chance videos are the same length and steps as the regular competitions
- Second Chance dancers MUST record their second chance video with an amended dancer card. Either print the second card that is provided for you on QuickFeis (same dancer number) Or use a wide marker and draw a border around your dancer number of your existing card.



**SECOND CHANCE ONLY** – must use an amended dancer card for all second chance videos – either use the printed card provided by QuickFeis or use a marker and draw a thick border around your dancer number. (all other videos should be danced with their regular unmarked cards)



**FOR SECOND CHANCE VIDEOS ONLY!**

## notice

To dance 2 steps. As single age groups are offered, competitions will only be split when they reach 25 competitors.

	<u>SPEED</u>	<u>U7</u>	<u>U8</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>
<b>REEL</b>	113	407RL	408RL	409RL	410RL	411RL	412RL	413RL	414RL
<b>LIGHT JIG</b>	115	407LJ	408LJ	409LJ	410LJ	411LJ	412LJ	413LJ	414LJ
<b>SLIP JIG</b>	113	407SJ	408SJ	409SJ	410SJ	411SJ	412SJ	413SJ	414SJ
<b>TREBLE JIG</b>	92 or 73	407TJ	408TJ	409TJ	410TJ	411TJ	412TJ	413TJ	414TJ
<b>HORNPIPE</b>	138 or 113	407HP	408HP	409HP	410HP	411HP	412HP	413HP	414HP
<b>TRADITIONAL SET</b>	---	407TS	408TS	409TS	410TS	411TS	412TS	413TS	414TS
<b>REEL – 2<sup>nd</sup> Chance</b>	113	407RL2	408RL2	409RL2	410RL2	411RL2	412RL2	413RL2	414RL2
<b>SLIP JIG – 2<sup>nd</sup> Chance</b>	113	407SJ2	408SJ2	409SJ2	410SJ2	411SJ2	412SJ2	413SJ2	414SJ2
<b>TREBLE JIG – 2<sup>nd</sup> Chance</b>	92 or 73	407TJ2	408TJ2	409TJ2	410TJ2	411TJ2	412TJ2	413TJ2	414TJ2
<b>HORNPIPE – 2<sup>nd</sup> Chance</b>	138 or 113	407HP2	408HP2	409HP2	410HP2	411HP2	412HP2	413HP2	414HP2

## prize winner

To dance 2 steps. As single age groups are offered, competitions will only be split when they reach 25 competitors.

	<u>SPEED</u>	<u>U9</u>	<u>U10</u>	<u>U11</u>	<u>U12</u>	<u>U13</u>	<u>O13</u>
<b>REEL</b>	113	509RL	510RL	511RL	512RL	513RL	514RL
<b>SLIP JIG</b>	113	509SJ	510SJ	511SJ	512SJ	513SJ	514SJ
<b>TREBLE JIG</b>	92 or 73	509TJ	510TJ	511TJ	512TJ	513TJ	514TJ
<b>HORNPIPE</b>	138 or 113	509HP	510HP	511HP	512HP	513HP	514HP
<b>TRADITIONAL SET</b>	---	509TS	510TS	511TS	512TS	513TS	514TS
<b>REEL – 2<sup>nd</sup> Chance</b>	113	509RL2	510RL2	511RL2	512RL2	513RL2	514RL2
<b>SLIP JIG – 2<sup>nd</sup> Chance</b>	113	509SJ2	510SJ2	511SJ2	512SJ2	513SJ2	514SJ2
<b>TREBLE JIG – 2<sup>nd</sup> Chance</b>	92 or 73	509TJ2	510TJ2	511TJ2	512TJ2	513TJ2	514TJ2
<b>HORNPIPE – 2<sup>nd</sup> Chance</b>	138 or 113	509HP2	510HP2	511HP2	512HP2	513HP2	514HP2



## preliminary Championship - 2 rounds

Preliminary Championship dancers will dance  
32 bars Reel or Slip ↻ 32 bars Treble Jig or Hornpipe

**ALL rounds must be filmed on same stage size.**

	<u>U9</u>	<u>U11</u>	<u>U13</u>	<u>U15</u>	<u>U17</u>	<u>O17</u>
Preliminary Championship	609PC	611PC	613PC	615PC	617PC	618PC
Preliminary Championship – 2 <sup>nd</sup> Chance	609PC2	611PC2	613PC2	615PC2	617PC2	618PC2
PC Set Dance (additional \$10) Must complete full set dance	609SD	611SD	613SD	615SD	617SD	618SD

### Second Chance competitions give you a second opportunity to compete in this dance at this level!

- Second Chance videos are the same length and steps as the regular competitions
- Second Chance dancers MUST record their second chance video with an amended dancer card. Either print the second card that is provided for you on QuickFeis (same dancer number) Or use a wide marker and draw a border around your dancer number of your existing card.



**SECOND CHANCE ONLY** – must use an amended dancer card for all second chance videos – either use the printed card provided by QuickFeis or use a marker and draw a thick border around your dancer number.  
(all other videos should be danced with their regular unmarked cards)



**FOR SECOND CHANCE VIDEOS ONLY!**

## open Championship - 3 rounds

Open Championship dancers will dance  
32 bars Reel or Slip Jig ↻ 32 bars Treble Jig or Hornpipe ↻ Must complete full set dance

**ALL rounds must be filmed on same stage size.**

	<u>U9</u>	<u>U11</u>	<u>U13</u>	<u>U15</u>	<u>U17</u>	<u>U19</u>	<u>O19</u>
OPEN CHAMPIONSHIP	709OC	711OC	713OC	715OC	717OC	719OC	720OC



## Video Rules

- Dancer will only be allowed to submit videos for competitions they entered and paid for.
  - Grades will submit one video per dance competition
  - Championship will submit separate videos for each round of competition.
- Upon payment, all dancers are assigned a dancer number that they can either print or copy on a piece of paper. This **DANCER CARD must be worn by the dancer during the entirety of each of their video for the feis**. Any dancer not wearing their assigned DANCER CARD will automatically be disqualified from the feis.
- Dancers are expected to create an original new "FEIS VIDEO" of their dance(s) – a video that has been recorded AFTER they registered for the competition and is specifically for this feis and no other event or social media.
- Feis videos are not allowed on social media or shared with anyone before or during the feis. Any dancer found to have shared their video during the feis will be disqualified from the feis.
- Photos of dancers in costume and/or reference to this competition/age group/competitor number are not allowed on social media or to be shared with anyone before or during the feis. Any dancer found to have shared photos or videos during the feis will be disqualified.
- The dancer registered for a competition must be the dancer dancing on the video (no substitutions allowed)
- **ONLY THE DANCER SHOULD BE VISIBLE IN THE VIDEO** – Teachers/parents/pets/others may NOT be in the video
- It is HIGHLY recommended that all dance videos be only recorded using a standard smart phone.
  - Use the standard camera app for your device when recording.
  - Use the standard settings for recording the video. Please avoid any embellishment.
  - The quality (resolution) and size of the video is limited to what is produced by a smartphone.
- If you elect to not use your smart phone to record your video, you must follow these guidelines:
  - Video should be recorded at 720p or 1080p, 30fps or 60fps. Higher resolution video may not be submitted
  - The submitted video must be one of the standard video formats that can be played in a web browser. This includes, but is not limited to: MPEG-4 (H264), MPEG-5 (H265), MOV
  - webm video format will not be accepted
  - Special lenses (like a fish-eye lens, or wide angle lens) are not permitted to be used when recording submitted videos.
- Videography should be from a single static point (pretend you are the centre judge sitting at a table)
  - Camera should be about 4 feet (125 cm) from the ground
  - Camera should be in front centre of the dance floor
  - Videographer can pan side to side to keep the dancer's full body within the video frame
  - Videographer should not move along with the dancer – keep the camera still with the exception of panning side to side as needed.
- **Video MUST be in LANDSCAPE mode** (not portrait mode – see image) Videos that are not in landscape mode may be disqualified.
  -  Portrait
  -  Landscape
- Video for each dance must be one continuous front **FULL BODY SHOT – head AND feet must be visible at all times** throughout the video.
- The video should be cropped/trimmed with dancing to start no later than 2 seconds after the beginning of the video, and no more than one second after dancing has ended.
- No editing of the dancing portion of the video is allowed
  - Any spliced videos will automatically be disqualified
  - Videos are not to include any embellishment or photoshop type of touch ups
- **IT IS THE DANCER'S RESPONSIBILITY TO ENSURE THAT THE CORRECT VIDEOS ARE UPLOADED FOR EACH COMPETITION**
  - If a video is uploaded to the wrong competition (for example a Reel video uploaded to a Hornpipe competition, or a hard shoe video uploaded to a soft shoe round) **it will be given a score of ZERO**.
  - Dancers will have the ability to view their uploaded videos **during the video upload period** to ensure that the correct videos are uploaded. And if there is an error, they will have the opportunity to make corrections by deleting their video and uploading the correct one **DURING the video uploading period ONLY**
  - Neither the feis nor VideoFeis will review the videos before they are presented to the judges
  - Neither the feis nor VideoFeis will make any video corrections or "switches" after the video upload period is completed.
- The feis reserves the right to refuse any video for any infraction of technical or rules reason.
- The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video



## Dancing Rules

- **DANCER MUST WEAR THEIR DANCER NUMBER during their entire dance**
- ONLY THE DANCER IS ALLOWED IN THE VIDEO – Teachers/parents/others may NOT be visible
- All dancers at all levels to dance 32 bars, including championship (with the exception of Open and Preliminary championship set – where the FULL set should be danced)
- Music and dance must match the competition registered for. (For example, a HORNPIPE competition must have HORNPIPE music and dance HORNPIPE steps)
- At the end of the dance, the dancer should simply bow and the video should end. Please refrain from walking before bowing.
- No coaching is allowed on the video
  - Any visible or audible coaching will disqualify the video
  - The only exceptions will be for beginner dancers who may need to be counted in
    - Beginners are allowed to have 8 bars counted before the start of the dance
    - When the dancer starts their steps, no more counting is allowed.
    - Only counting is allowed – no other form of coaching is allowed

## Dance Area

- Encouraged to dance on a proper safe dance floor (not concrete or carpet)
- Dance area should be at least 8ft x 8ft. Greater dance space is allowed..
- Area should be well lit so that the dancer is clearly visible throughout the video
- Background should be neutral and as light (white) as possible to create contrast with the dancer – this is a recommendation and NOT a requirement.
- No school logo or identification should be seen in the video.

## music / sound

- The feis will be supplying dancers with the music needed. **This is the only music that should be used in all videos submitted for this feis.**
- Music cannot be dubbed over the video – the music must be played out loud to the dancer and video must capture both the dancer and music at the same time.
- **Music must be loud enough to hear on the video**
- Music speed must be according to the official syllabus and standard feis speeds
  - No speed variations is allowed
  - Music cannot speed up nor slow down during a dance
- No other sound except the music and dancer's shoes should be heard on the video
  - **No talking**
  - **No singing along**
  - **No coaching**

## costumes

- All rules as per CLRG Costume policies
- Dancers may wear one of the following:
  - Solo costumes (novice and above)
  - School costumes
  - White or black short sleeve tshirt or leotard and skirt or pants
  - Plain dress of appropriate fit and length Per CLRG rules tights must be worn with a “blackout” skirt or dress for females aged 14 years and above
- No logos or school names on blackout outfits, no team apparel (sportswear or warmup outfits)
- Correct Soft and Hard Shoes and proper socks or tights must be worn at all times. No carriage aids allowed
- Natural hair or wigs are allowed, hair must be off dancer's face
- Makeup optional for dancers U11 age group and above
- You must wear your dancer number at all times during your video – failing to wear your number will disqualify your video!



## competition rules

- Results from this feis will count towards level advancement per regional rules
- All the rules for the feis are listed in the feis syllabus. If a rule is not specifically listed, the feis rule falls back to the regional syllabus rules where the feis (feis organizer) is located.
- With the feis organizer's input, VideoFeis will organize all the submitted videos into competitions.
- The feis organizer reserves the right to cancel, combine and/or split any competition at will.
- After registration numbers are finalized, dancers/parents will be notified of the time limitation they will have to submit their videos.
- Dancers must submit their video within the timeframe listed on this syllabus:
- No late videos will be accepted after the deadline has passed

## results

- VideoFeis will submit the comments and scores to QuickFeis for tabulation
- QuickFeis will tabulate and post all results on the QuickFeis website
- Results from this feis will count towards level advancement per regional rules
- Dancers will see their raw scores, rank, and comments
- Any awards will be at the discretion of the feis organizers

## adjudication

- The feis organizers will hire the adjudicators it wishes
- Only accredited CLRG associates will be asked to Adjudicate the videos
- The feis organizer will decide how many Adjudicators will judge each competition.
- Adjudicators will be randomly selected to judge each competition
- Adjudicators whose dancers are entered in the feis are not permitted to judge any competition with their own dancers
- All adjudicators will be encouraged to give copious comments along with their scores
- Judging will take place over several days, because adjudicators can only view one video at a time. Timing is dependent on the number of entries.
- Each adjudicator will be asked to judge all the dancers within a competition or a round, for those scores to be valid and tabulated for final results
- Adjudicators will be asked to monitor the tempo of the music – any tempo that is not appropriate will disqualify the video
- **Adjudicators will be permitted to disqualify any video that they deem is "cheating" or is not following the video rules, or is not in the spirit of this competition**
- In matters pertaining to judging, the decision of the adjudicators is final



## privacy

- All submitted videos automatically become the property of VideoFeis
- All submitted videos are by default marked as PRIVATE unless additional permissions are given upon uploading
- All submitted videos can be watched by:
  - Feis Adjudicator(s)
  - Feis Organizer(s)
  - School dance teacher(s) (of that dancer)
  - VideoFeis staff
- QuickFeis and VideoFeis will share all data with each other and the feis organizer.
- QuickFeis and VideoFeis will not share nor sell any data or videos with any third/outside party.

## permissions

Before uploading any videos on the VideoFeis site, participants will be requested to carefully read and grant the following permissions:

- **BASIC Permission** is REQUIRED before uploading any video.
  - This permission grants VideoFeis permission to show all videos to VideoFeis staff, feis organizers, dancer's dance school teacher(s) and feis adjudicators only.
  - Videos with only BASIC permission are considered PRIVATE and will be deleted directly after the completion of the feis.
  - By registering and agreeing to the basic permissions required, participants agree that their registration, competition information and data will be shared between QuickFeis and VideoFeis and the Feis organizer.
- **ADDITIONAL Permission** (optional) will be requested and *may be denied* for VideoFeis to use the videos for:
  - Winner's or showcase video compilation to be posted online
  - Testing for VideoFeis development and improvements
  - Videos with additional permission granted will be deleted within two months after the completion of the feis.

## release of liability

By registering and paying for this feis, parents and dancers agree to release IDATCE, its teachers, any workers associated with the school, QuickFeis, and VideoFeis of any liability for any injury to complete any requirements for this competition.

The feis nor anyone working with the feis will not be held responsible for any personal injury, or property damage in the making and/or submission of the video.

**INDEMNIFICATION AND RELEASE OF LIABILITY:** By registering and paying for this feis, you indemnify and hold harmless IDTACE, CLRG, the feis organizers, the feis organizing school, QuickFeis and VideoFeis and its staff or assigns from liability or injury related to their participation in this competition. Registrants must be in good physical health and not under medical advice that would prevent them from participating in physical activity. Parents, teachers or supervisors are responsible for ensuring the safety and wellbeing of dancers at all times before, during and after filming their submissions. Parents (or dancers over 18) must indicate that they understand, accept and agree to these conditions at the time of registration.

